# TYPICAL RISING STARS CAMP DAY

7:15 AM Wake-Up/Breakfast 8:15 AM Stretch and Warm-up 8:45 AM Advanced Position Work 10:30 AM 4 on 4 Recovery Games

11:30 AM Contests 12:15 PM Lunch

1:30 PM Marauders Basketball Session

2 PM Team Practice 2:30 PM Fast-Break League

3:15 PM Games 5:30 PM Dinner

6:30 PM Shooting League

7 PM Games 8:30 PM Dismissed



### WHAT TO BRING TO CAMP

The University of Mary DOES NOT provide linens or towels for campers. Therefore, overnight campers should pack all necessities for overnight stay in the residence halls. T-shirt, shorts, socks, basketball shoes, extra pair of shoes/sandals, undergarments, towels, linens, bedding and toiletries are all necessary for overnight campers.

### **CAMP LOCATION**

The Marauders Girls Basketball Camps will be held on the beautiful campus of the University of Mary in Bismarck. Facilities include the McDowell Activity Center and the Fieldhouse. These facilities have a combined five basketball courts. Basketball resident campers will be housed in campus residence halls and all campers will be fed in our dining halls.



### **LETTER FROM COACH NEUMANN**

Dear Campers and Parents:

My staff and I are so excited to again offer our girls basketball camps this summer, including our tenth competition camp. We are working hard preparing for camps and have put together an all-star list of coaches and counselors.

Campers will enjoy a plethora of basketball-related drills, games and competition. I know you will enjoy what we will be offering during our University of Mary basketball camps this summer. See you at the gym!

Coach Neumann

# Day O **Marauders** and **Basketball**





**ELITE SKILLS CAMP** June 22, 2021 | 12:30-6:30 pm Girls Grades 8-12

RISING STARS CAMP July 12-14, 2021 Girls Grades 5-10

MARAUDERS DAY CAMP July 12-14, 2021 | 1-4 pm Girls and Boys Grades Pre-K thru 4th grade

## **RICK NEUMANN**

# MARAUDERS WOMEN'S BASKETBALL **HEAD COACH AND CAMP DIRECTOR**



Deeply rooted into the fabric of the UMary, Marauders women's basketball head coach Rick Neumann took over the program in 2012 after many years serving as the assistant coach at his alma mater. He earned his 100th win as head coach in 2018 and directed the Marauders to 4th place in the Northern Sun in 2020... In nine seasons directing the Marauders, UMary student-athletes have combined to earn 52 Northern Sun All-

Academic team honors, six Myles Brand All-Academic with Distinction awards, landed 14 players on the allconference team, placed three players on the all-rookie squad and had four all-defensive team selections. He has also coached an All-American, a freshman All-American, two all-region choices, the NSIC Player of the Year, NSIC Defender of the Year and an NSIC Freshman of the Year. Since Neumann joined the Marauders as an assistant coach in 2003-04, UMary is 303-208. Other highlights include: NDAPSSA Team of the Year (2004), NAIA Final Four (2004), NAIA National Tournament (2004, 2005), Dakota Athletic Conference Champions (2004, 2005), NCAA tournament appearance (2012).

# **BROOKE LEMAR** MARAUDERS WOMEN'S BASKETBALL

# ASST. COACH AND CAMP COORDINATOR



After four seasons playing professionally overseas and a year coaching at the NCAA Division I level, Brooke LeMar ioined the Marauders coaching staff in August 2020. A 2-time all-conference player and captain at NCAA DI North Dakota State, LeMar played professionally in Denmark, Germany, Australia, and Sweden. A native of Santa Clarita, CA, she was a McDonald's All-American nominee.

# CAMP CONTACT INFORMATION

Rick Neumann | 701-355-8054 | neumann@umary.edu Brooke LeMar | 701-355-8278 | blemar@umary.edu

# **ELITE SKILLS CAMP**

**JUNE 22, 2021** 

**GRADES 8-12 (FALL 2021)** 12:30-6:30 PM **\$80 / CAMPER** 

## McDowell Activity Center

The Elite Skills Camp provides personalized position-specific instructions for athletes. Athletes will feel what it is like to be a Marauders basketball player from practice-like settings as well as individual drill work.

# RISING STARS CAMP

**JULY 12-14, 2021** 

GRADES 5-10 (FALL 2021)

CHECK-IN JULY 12 FROM 12 NOON - 2 PM CAMP ENDS JULY 14 AT 6 PM

\$250 RESIDENT CAMPER | \$200 COMMUTER McDowell Activity Center

The Rising Stars Camp is designed for players who want to improve their skills during the summer. An emphasis is placed on competition as well as individual skill development.

# MARAUDERS GIRLS AND **BOYS DAY CAMP**

**JULY 12-14, 2021** GRADES PRE-K - 4 (FALL 2021)

> 1-4 PM \$80 / CAMPER

McDowell Activity Center

The Marauders Day Camp is broken up by age and skill level. The goal is to introduce basic skill instruction while building on previously-learned skills in fun and new ways.



# Parent's Work ( Parent Cell # Camper's Name Phone: Home ( Address

Post

Point Guard

Position (circle)

Height

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Adult T-shirt size (circle)

FORM

**APPLICATION** 

CAMP

**ASKETBALL** 

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WOMEN'

MARY

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**2021 UNIVERSITY** 

Please note any medical conditions that we should be aware of (attach additional sheet if necessary)

School

Parent / Camper's email.

Grade this fall (2021)

inderstand that the University of Mary basketball camp director and instructors will NOT be held responsible for injuries or loss of property while the above named camper is attending the camp. I do hereby release the sake the University of Mary, its officers, agents and employees from all liability, including daims and suits in law or equity for any injury, fatal or otherwise. The signature below absolves the U-Mary Girls asketball Camp of all responsibility for loss of personal property. Furthermore, I realize the risk involved to the camper. I will pay, or cover through my insurance, any medical or hospital expenses, the doctor bills or other openses which could be incurred as a result of treatment given the above named camper for illness or injury while attending the U-Mary Girls Basketball Camp. I hereby authorize the staff of the U-Mary Girls basketball camp to act for me according to their best judgment in any emergency requiring medical attention. I further understand the camp retains the right to use, for publicity and advertising purposes, photographs of campers understand that the University of Mary basketball camp state of North Dakota, the University of Mary, its officers, expenses which could be in Camp to act for me according taken at camp.

Forward this form and check to: **Rick Neumann, UMary Athletics, 7500 University Drive, Bismarck, ND, 58504** Enclose a check payable to: UMary Girls Basketball Camp arent or Guardian Full Name (please print)

Elite Skills Camp (\$80) | Rising Stars Competition Camp (\$250 resident camper | \$200 commuter) | Marauders Day Camp (\$80)